

**PHE**  
Suspended until w/c  
5<sup>th</sup> June

# Sixth Form Notices

Tuesday 2<sup>nd</sup> May 2023



Revision  
+ exercise  
+ good diet  
+ sufficient sleep

= **Best chance of being physically and mentally able to excel during (cope well with) the exam period**



**Year 13 – hunt out locker keys. This week you will be given a ‘returns’ slip for all resources, including locker key - £15 replacement charge.**

- **Key Dates / events for both years – see Mrs Lennon's email 26<sup>th</sup> April.**
- **Year 12 – Head Student Team.** The deadline for your application / submission is no later than 6pm on 2<sup>nd</sup> May - this Tuesday. Anyone who knows in advance that this may be problematic, please see / email Mr Wilbraham beforehand.
- **Don't panic - control what you can control.** When you open your envelope in August – you want to be able to say, hand on heart, that you did everything you could – you gave yourself the best possible chance of achieving your potential. **HOW?** Put in enough time / effort – make sure you understand appropriate subject content and exam expectations / technique – ask teachers for guidance if unsure. As these exams are very nearly upon you – suspend any part time employment – invest enough time to ensure you get the ‘right’ grades. **Do read the Beat Exam Stress pamphlet.** <https://www.childline.org.uk/globalassets/info-and-advice/school-work-and-college/school-and-college/exam-stress/beat-exam-stress.pdf>
- **Year 12 – UCAS Event – please pay your £5 – please see Mrs Clarke / Miss Boughton.**
- **UCAS – Year 13 – don't miss your deadlines for replying/ confirming FIRM & INSURANCE choices (8<sup>th</sup> June for most) – see Mrs Lennon / Mr Wilbraham to discuss if unsure. Also – deadline for Student Finance is approaching – 19<sup>th</sup> May.**
- **We have discussed the importance of COMMUNICATION, COLLABORATION, ORGANISATION and making the most of ASSESSMENT OPPORTUNITIES – this is never more true than in the run up to exams. Work with each other and your teachers**

|                  |   |
|------------------|---|
| <b>Monday</b>    | <b>MAY DAY</b>  |
| <b>Tuesday</b>   | Year 13 Assembly – Sixth Form Area (Student Finance)  |
| <b>Wednesday</b> |   |
| <b>Thursday</b>  | <ul style="list-style-type: none"> <li>• Year 13 – Final Committee for Year 13 Reps – come and have lunch with us. Room tba.</li> </ul>   |
| <b>Friday</b>    | <ul style="list-style-type: none"> <li>• <b>Year 12 &amp; 13 Extended ASSEMBLY</b> with Amanda Pritchard (NHS CEO - <a href="https://www.england.nhs.uk/about/nhs-executive-group/">https://www.england.nhs.uk/about/nhs-executive-group/</a> ) – all students attend. This is a exceptional opportunity for us all.</li> </ul> |

*Are you working as you should be? Before final (EXTERNAL) AS & A exams - at the end of this week you have:*

Year 13

**4** school days